



# 5K Run For Friends of Wakulla Springs State Park, Inc.

(Gulf Winds Track Club Co-Host)

**Date:** Saturday, May 17, 2008  
**Location:** Wakulla Springs State Park, Wakulla County  
(22 miles south of Tallahassee)  
**Distance & Race Times:** 1 Mile Fun Run 8:30 a.m.  
5K Run 9:00 a.m.  
**Fees:** Pre-Registration (by 5/16) \$12; Day of Race \$15  
Family (2 shirts) \$25; Fun Run \$5, \$7 no shirt option



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## Run for Wakulla Springs Official Entry Form

Name (First) \_\_\_\_\_ (Last) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ (Zip) \_\_\_\_\_ e-mail \_\_\_\_\_

Phone \_\_\_\_\_

Emergency contact \_\_\_\_\_ Phone \_\_\_\_\_

### Registration (Check One and underline M or F)

70+ M/F  69-65 M/F  60-64 M/F  60-64 M/F  55-59 M/F  50-54 M/F

45-49 M/F  40-44 M/F  35-39 M/F  30-34 M/F  25-29 M/F

20-24 M/F  15-19 M/F  10-14 M/F  9 and under

T-shirt size:  small  medium  large  X-large

**The first 200 registrants** will receive a T-shirt. To guarantee a t-shirt consider pre-registering. Day of race registration begins at 8 a.m. at the bathhouse at the park.

**Waiver:** In consideration of your permission to participate in Run for Wakulla Springs, on behalf of myself, my heirs, executors and assignees, I hereby waive and release any and all rights and claims for damages which I may have against the organizers of the race, the park, as well as any other person connected with the run for any and all injuries that I may suffer while participating in the event. I know that running a road race is a potentially hazardous activity. I agree to abide by all decisions of the race officials relative to my ability to safely complete this run.

Signed \_\_\_\_\_ Date \_\_\_\_\_

Phone Registration: 926-0700

MAKE CHECKS PAYABLE TO FRIENDS OF WAKULLA SPRINGS STATE PARK, Inc.

Mail to: Run for Wakulla Springs, Wakulla Springs State Park, 550 Wakulla Park Drive, Wakulla Springs, FL 32327-0390  
For more information, visit wakullasprings.org for up-dates