



In conjunction with Pat Thomas Law Enforcement Class (BRC 358)

Proudly Presents the Inaugural

RUN FOR HERO'S - 5K Run/Walk

Saturday, November 7, 2009 • Time: 8:00 AM • Hudson Park in Crawfordville

All proceeds will go toward the Police Unity Tour. The primary purpose of the Police Unity Tour is to raise awareness of Law Enforcement Officers who have died in the line of duty.

The secondary purpose is to raise funds for the National Law Enforcement Memorial and Museum.

T-Shirt to all runners! Prizes to top 3 in each category.

Male & Female Age Group Categories: 12 and under; 13-16; 17-19; 20-29; 30-39; 40-49; 50-59; 60-69; 70-79; 80+

**Race Fees: \$15 early (registration rcvd by 10/23/09) or \$20 late registration (after 10/23/09)
Mail Registration to: Anytime Fitness, 10 Preston Circle, Suite G, Crawfordville, FL 32327
www.AnytimeFitness.com**

Call: 850-926-2010 for questions or race information.

AGE: _____ **Circle:** Male / Female **Shirt Size:** Sm, Md, Lrg X-Lrg

Name _____

Address _____

Telephone _____ **or e-mail** _____

I know that running/walking a road race is a potentially hazardous activity and that I should not enter and walk/run unless I am medically able. I agree to abide by any race official relative to my ability to safely complete the run/walk. I assume all risks associated with running/walking this event including, but not limited to falls, contact with other participants, the effect of the weather, including high and low temperatures and or humidity, traffic and other conditions of the course; all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of accepting my entry, I, myself and anyone entitled to act on my behalf, waive and release Anytime Fitness, Race Officials, volunteers, Wakulla County, and all sponsors, their representatives, employees, and successors from any claims and liabilities of any kind arising out of my participation in this event or carelessness of the persons named in the waiver. Further, I grant to all the foregoing the right to use any photographs, motion pictures, recordings or any other record of this event for legitimate purposes.