

*Torreya State Park's 2009*  
**Draggin' Tail**  
**Ultra Trail Challenge**  
**25K/50K**

**8:30 A.M. (Eastern time)**

\*\*Park Gates open at 7:00\*\*

**Saturday**

**April 4, 2009**

**Where:** Torreya State Park picnic area. Go 6.5 miles north of Bristol, FL on Hwy 12 then turn left on Hwy 271 and go 7.5 miles. Stay to the left. Hwy 271 goes into Torreya State Park.

**Registration:** There will be NO RACE DAY REGISTRATION!! **Maximum number of runners capped at 40!**

**Time:** 8:30 a.m. Eastern time

**T-shirts:** To all participants. Be sure to register early to assure your correct size. XXL add \$2, XXXL add \$4.00.

**Entry fees:** \$45 This will include a finish medal to all that finish the Challenge, a colorful wicking T-shirt, awards, drawings and a post race meal.

**Awards:** 25K: Top 3 O/A male and females, Masters and Grandmasters male and female  
50K: Top 3 O/A male and females, Masters and Grandmasters male and female

**Aid stations:** Aid stations will include water, Clif Bars, Gatorade, sodas, chocolate, PB&J sandwiches, new potatoes, fruit and Other "ultra" fare

**Runners need to carry fluids! Temperatures may get hot! 4 stocked aid stations. Approximately at miles 1, 5, 7, 14, and repeated on the second loop for the 50K.**

\* \* \* \* \*

Entry form: All competitors must sign a release in order to participate. Please write legibly.

Name: \_\_\_\_\_ Sex \_\_\_\_\_ Age \_\_\_\_\_

Address: \_\_\_\_\_ Phone \_\_\_\_\_

\_\_\_\_\_ E-mail \_\_\_\_\_

Check race entering: 25K \_\_\_\_\_ 50K \_\_\_\_\_ T- shirt size (circle) SM MED LG XLG

In consideration of the acceptance of my entry, I, for myself, my executors, and assigns, do hereby release and discharge Torreya State Park, The Panhandle Runners & Triathletes Club, The Draggin Tail Runner's Club and any and all volunteers of the race for all legal or equitable claims that I have or may have arising from my participation in the Torreya State Park's Draggin' Tail Ultra Trail 25K/50K Run. I attest and verify that I have full knowledge of the risks involved in its event and I am physically fit and sufficiently trained to participate. In the event the race is canceled (for any reason), I understand that entry fees will not be refunded, and I will consider such fees a donation. I also give my permission for the use of my name and/or picture in any broadcast, telecast, or other account or promotion of this event. To the extent that any provisions of this paragraph are determined to be unenforceable, I understand that the remainder of such provisions shall still be enforceable.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Information:** Joe Edgecombe (D) 850-774-0018 (H) 850-763-5005 joeruns@yahoo.com

On line registration is available on our web site at <http://www.draggintailrun.com> . Print a registration form. Mail and make checks payable to:  
Draggin' Tail Run,  
6314 John Pitts Rd,  
Panama City, FL 32404