



Race starts at 8:30am on
October 23, 2010 at the
FSU Reservation
3226 Flastacowo Road
Tallahassee, FL 32310

Swim 1/3 mile
Bike 13 miles
Run 5k

Awards 3 deep in 5-year age groups: 15-19 through 85+

Technical T-shirts in the selected size guaranteed to everyone who registers by 9/29/10. T-shirts not guaranteed for entries received after 9/29/10.

Entry Fees: No refunds.

\$50 (\$85 for relays) if received by 4/30/10
\$55 (\$100 for relays) if received by 9/29/10
\$70 (\$105 for relays) if received by 10/21/10
\$75 (\$105 for relays) if received on 10/22/10 or race day



This race is USAT sanctioned and a subject to USAT Rules. An official will be present to ensure a safe and fair competition. All participants, if not a USAT member, including relay members, must have a one day license (\$10). This option is offered during the registration process. For more details visit: www.USATRIATHLON.com. IF YOU ARE NOT A MEMBER OF USAT, YOU WILL NEED TO PURCHASE A ONE-DAY USAT LICENCE AT THE RACE PACKET PICK UP. DO NOT INCLUDE USAT \$10.00 IN REGISTRATION AND DO NOT ADD \$10.00 TO ENTRY FEE.

Online entry at www.IMathlete.com. (Search for Tri the Rez on home page) **NO ONLINE ENTRY FEE!**

Please make checks payable to Triathlon Club at FSU

Name: _____

M / F (circle) Age on Dec 31, 2010: _____ DOB: _____ Are you Clydesdale(200+lbs)/Athena(150+lbs): Y / N

T-shirt size: XS(women only) S M L XL XXL(men only) USAT #: _____ USAT expiration date: _____

Address: _____

City: _____ State: _____ Zip: _____

Email: _____ Phone: (____) ____ - ____

Event(s) (circle): Individual-Triathlon Relay-Swim Relay-Bike Relay-Run

If Relay, is your team (circle): all male all female coed

If Relay, **please list team name and other team members:**

Costume Division? Y / N

Mail entry form to:
Tri the Rez
c/o Austin Boyle
2448 Lanrell Drive
Tallahassee, FL 32303

I am in good physical condition and have thoroughly trained for this event. In case of any accident or injury that may occur to me due to my participation in this event, I release the Race Director, Florida Highway Patrol, Florida State University, and all sponsors and volunteers associated with the race.

Signature- _____ Date- _____

Questions? Comments? Concerns? Email Austin Boyle: alb06r@fsu.edu