

North Florida Parkinson Awareness Group, Inc. announces the First Annual



**'TULIP TROT' 5K
WALK/RUN/ROLL
for
PARKINSON DISEASE**

Saturday, May 22, 2010
Pavilion 13, Tom Brown Park, Tallahassee, FL
Registration – 7 am
50 yard Victory Dash honoring those with Parkinson Disease – 7:45 am
Race time – 8 am

Pre-registration (post-marked before May 17): \$12, without t-shirt: \$10
Race day registration: \$15, without t-shirt: \$12

Name _____ **Age on 5/22/10** _____

Address _____

Phone _____ **Gender:** _____ **Male** _____ **Female**

E-mail _____

Amount of donation: _____ **Total payment:** _____

T-Shirt (Circle One): S M L XL None

Please make checks payable to: **NFPAG**
P.O. Box 14722
Tallahassee, FL 32308

Waiver: In consideration of your acceptance of my entry as a participant in the 2010 Tulip Trot Walk/Run/Roll 5K I, the undersigned, for myself, my heirs, executors, administrators and assigns, waive and release all claims for damages, death, personal injury or loss of property against the North Florida Parkinson's Awareness Group, National Parkinson Foundation, Tallahassee Memorial HealthCare Foundation, and all volunteers and others promoting or assisting in any way with the Tulip Trot Walk/Run/Roll 5K, which may result from my participation on May 22, 2010, or while traveling to and from this event. My participation is voluntary and done at my own risk. I understand this activity poses potential hazards. I fully understand I am forever giving up in advance any right to sue or make claims against the parties I am releasing should I suffer any injuries and damages. I will assume my own medical and emergency expenses in the event of an accident or other incapacity or injury resulting from my voluntary participation. I have read and understand everything written above and I voluntarily sign this agreement.

Signature _____ **Date** _____

(Parent or Guardian Signature if under 18)

Email: tuliptrotforpd@yahoo.com for further information



Proceeds to benefit NFPAG and Parkinson Awareness Choir