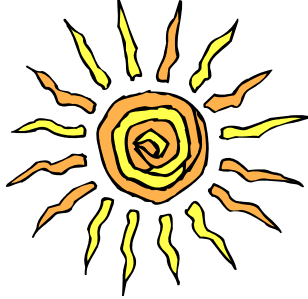


4th Annual A.R. Inspirational 5K Run And Kids Fun Run

Sunday, May 1st – 3:00pm, Bainbridge, GA
A fundraiser benefiting Courtney Regan



Registration: 2:00pm in front of
Bainbridge Middle School

Pre-registration by 4/25/2011: \$15
(Guaranteed t-shirt)

Race day registration: \$15

Kids Fun Run: \$10

(child sized t-shirts are first come first serve)

Awards to overall male/female, standard age group winners (0-15, 16-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65+), and Kids Fun Run (1st – 3rd boys and 1st – 3rd girls)

Mail Entries to:
Bainbridge High School
(AR Inspirational Run)
1 Bearcat Blvd
Bainbridge, GA 39819

.....
Please Print Legibly:

Name _____

Address _____

Phone _____ Sex _____ Shirt Size _____ Age: _____ (on race day)

Check here if this is your 1st 5K Road Race.

Waiver: I know that running a road race is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. In particular I acknowledge the danger of hot weather running, traffic and road conditions. I acknowledge that I am medically able to perform this event, am in good health and properly trained. I assume all risks and liabilities involved in running this event and release Bainbridge High School and affiliates, Decatur County, the race director, volunteers, sponsors and anyone involved in this event from any liability as a result of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of those named in this waiver. I have read and understand the above release and enter the AR Inspirational 5K Run at my own risk.

Signature _____ Date _____

Parent or Guardian must sign if under 18