



26th Annual

GATE TO GATE

4.4 Mile Run/Walk and Free Kids Run Monday, May 30

Must be in Place at 7 a.m. • Race at 7:30 a.m.

Time, Location & Course

• Gate-to-Gate Run/Walk: Event is held at Unity Park, Eglin AFB. Participants must be in place at the starting line by 7 a.m. Wheelchairs start at 7:28 a.m. Runners start on time at 7:30 a.m. with Walkers starting at 7:32 a.m. Race will be held rain or shine. Runners/walkers must be finished by 9:30 a.m. or be escorted.

The 4.4-mile course starts at Unity Park, follows Eglin Blvd. to Memorial Trail and ends at Unity Park. There will be flowers for each runner to drop at the Veterans' Memorial.

• Kids Run: Run begins at 9 a.m. at the corner of Chinquapin Dr. and Eglin Blvd., proceeds beyond the Veterans Memorial and back. This Kids Run is FREE and sponsored by Subway. No registration is required. Participation t-shirts will be given out at the end of the run. Trophies will be given to the overall male and female winners in the following groups: ages 5-6, 1/2-mile run; ages 7-8, 1-mile run; and, ages 9-13, 2-mile run.

Team competition

Trophies will be awarded to the top three teams in open and military divisions. A traveling trophy will be awarded to the first team in the military division. There must be at least one female on the team to compete.

Competition Rules: Lowest accumulated time of the first four finishers for each team, which includes at least one of their female runners.

Open Division: Teams not representing military units.

Military Division: Teams representing military units. All team members must be active duty, reservists, guards, DoD civilians, or contractors assigned to the unit forming the team and their spouses.

Team Captains/Contacts: Each team member must register individually prior to the cutoff date for teams. Team captains must pick up a Team Roster form from the Fitness Center, or www.eventtiming.com to identify team members. These forms must be turned in to the Fitness Center by noon on Monday, May 16. Finalized team rosters will be available at the Fitness Center on Sunday, May 22 and at the Package Pick Up at the AF Armament Museum Saturday, May 28 for verification of team members. Changes to the team rosters will not be allowed after the package pickup at the Armament Museum.

Awards

\$1,150 total prize money will be given away.

Overall Male

1st: \$250, 2nd: \$100, 3rd: \$75

Overall Female

1st: \$250, 2nd: \$100, 3rd: \$75

Masters Male & Female - 1st: \$75

Wheelchair Male & Female - 1st: \$75

All participants will receive a quality T-shirt. Special awards will be given to the top three Overall male and female, top three Masters (40+yrs) male and female, and the first Grand Master male and female (50+yrs). Awards will also be given to the top three male and female runners in the following age groups: 0-9, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75+

\$100 Bonus: Awarded to the first male and female to break the course record:
Michael Green, 2001 - 20:56
Monica O'Reilly, 1993 - 23:33

Gate-to-Gate Walk Awards:

Special awards to the first overall male and female, the first Masters male and female (40+yrs), and the first Grand Master male and female (50+yrs). Awards to the top three male and female runners in the following age groups: 0-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

Parking:

Parking will be at Unity Park. Please arrive early to park. Participants must be in place at 7 a.m.

Festivities:

Enjoy FREE refreshments including food, soda and beer (21 and over), beans and rice, buffalo wings, and sub sandwiches. Novelty foods will be available for purchase. Post-race party at the finish line will feature live entertainment.

Race Results: All race results will be posted at www.eventtiming.com and www.active.com

Registration

Registration is limited to the first 2,000 entries, so sign up early! Early Registration runs through May 14. Cost is \$20 and will be accepted online, or at the early registration location listed below. Late online registration begins May 15 and runs through May 27 or until the 2000th person signs up. Cost for late registration is \$25.

Register online at www.active.com

An additional administrative fee charged. Online registration is strongly encouraged! Search for "Gate to Gate Run." (www.active.com/running/eglin-afb-fl/gate-to-gate-44-mile-runwalk-2011) Online registration closes at 10 p.m. Central Time, May 27 or when the 2000th person signs up.

In Person Registration & Package Pick Up:

Saturday, May 14 - 10 a.m. - 4 p.m.
AF Armament Museum - \$20, Cash Only to register - Photo ID required to pick up packages

Eglin Package Pick Up:

May 25 & 26 at the Fitness Center from 9 a.m. - 4 p.m. • Photo ID required to pick up packages

Late Package Pick Up:

Saturday, May 28 • 10 a.m. - 4 p.m. at AF Armament Museum • Photo ID required to pick up packages

There will be NO registration on Race Day!

Due to time constraints, it is HIGHLY recommended that participants pick up race packets prior to race day. Race packages can be picked up at Unity Park on race day from 5:30-6:30 a.m. only. Photo ID required to pick up packages.

Important Information:

- Only day to enter in person with cash, is May 14 at the Armament Museum.
- All participants without valid base IDs MUST be preregistered and will enter the base through the West Gate. Restricted vehicle passes will be issued.
- Photo ID is mandatory for base access and all package pickups.
- There will be NO refunds!
- Due to security issues, race is subject to change/cancellation.
- Race packages will not be mailed
- No skates, skateboards, or bicycles allowed on the course
- Participants that may be pregnant, please consult with your physician before entering the race
- Strollers are welcome, but no pets
- If you are picking up a package for another participant, a copy of a photo ID and a note of consent are required
- Participants must be in place at 7 a.m.

Contact Info:

Eglin Fitness Center • 850-882-6223
www.eglinforcesupport.com

