



Race to Rescue BDCHS!

5K & 1-Mile Fun Run

Saturday, October 29, 2011

Bainbridge Boat Basin Park Nature Trail

Bainbridge, Georgia 39817

Race Times: 5K & 1-Mile Fun Run at 8:00AM



We're racing to rescue the Bainbridge-Decatur County Humane Society!

Whether you're an avid runner, animal lover, or compassionate citizen, this charity race is for YOU! When you race, everyone wins because your entry fee ensures the success in supporting a healthy, humane community and improving animal welfare via the BDCHS.

Registration & Packet Pick-Up: Pre-Registration is **\$20** for adults /children over 12 and **\$12** for children 12 and under (guaranteed shirt), if **prior to Oct.15**. Race day registration is **\$25** for adults and **\$15** for children 12 and under (not guaranteed shirt). Race day registration and check-in will be under the pavilion beside the nature/walking trail near back of the park and begins at 7:00AM on race day.

Course Description: Flat, paved course with a few easy, gradual inclines/declines. Course is on shaded, beautiful nature/walking trail near back of the Boat Basin Park.

Awards: For 5K: Overall Male & Female, 1st, 2nd, & 3rd Place Overall, 1st, 2nd, & 3rd in each Age/Gender Category: 13 & under, 14-19, 20-29, 30-29, 40-49, 50-59, 60-69, 70+. For 1-Mile Fun Run: 1st, 2nd, 3rd Overall.

Additional Info: For questions about race or to become a sponsor, please contact Nicole Touchton: info@racetorescuebdchs.com or visit our website: www.racetorescuebdchs.com or call: 229-254-3371

*Return Entry Form prior to Oct.15th to guarantee shirt!

*Mail form and payment to: Nicole Touchton, 5553 GA Hwy 39, Donalsonville, GA 39845

*Checks payable to: Race to Rescue BDCHS

Race to Rescue BDCHS! Entry Form

Name: _____ Sex: _____ Age: _____

Address: _____

City/State/Zip: _____

Email: _____

Race Entering (circle one): 5K 1-Mile Fun Run

Shirt Size (circle one): Youth Sm. Youth Med. Adult S Adult M Adult L Adult XL Adult XXL

WAIVER: In consideration of your acceptance of my entry as a participant in the Race to Rescue BDCHS! 5K & 1-Mile Fun Run, I, the undersigned, for myself, my heirs, executors, administrators and assigns, waive and release any and all claims for damages, for death, personal injury or loss of property against Bainbridge-Decatur County Humane Society, its officers and directors, members or volunteers and others promoting or assisting in any way the promotion or organization of the Race to Rescue BDCHS!5K & 1-Mile Fun Run which may arise from my participation in this race on October 29, 2011 or while traveling to or from the event. My participation is voluntary and done at my own risk. I understand that running a road race is a potentially hazardous activity and that I should not enter unless I am medically able and properly trained. I attest that I am physically fit and sufficiently trained for the competition of this event. I will assume my own medical and emergency expenses in the event of an accident or other incapacity or injury resulting from or occurring as a result of my participation. I understand that dogs are not allowed to run in the race. I have read and understand everything written above and I voluntarily sign this agreement.

Signature of Entrant (parent or guardian if entrant under 18 years old)