

**GWTC**  
Grand-Prix

March 5, 2011  
Thomasville Road Baptist

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6th Annual  
Community 5K & 1 Mile  
Fun Run

**ALL PROCEEDS WILL BENEFIT THE FLORIDA BAPTIST CHILDREN'S HOME  
AND THE DEBBIE O'BRIEN SCHOLARSHIP FUND.**

**DATE:** Saturday, March 5th, 2011

**TIME:** Race Day Registration starts at 6:30 a.m. (TRBC Student Center).  
**1 Mile Fun Run** starts at 8:00 a.m.  
**5K Race** starts at 8:30 a.m. (cert. # FL09036EBM)

**LOCATION:** Thomasville Road Baptist Church (TRBC). Races start and finish at TRBC.  
(3131 Thomasville Road, next to Dorothy Owen Park)

**ENTRY INFORMATION:**

**(First 200 registered Guaranteed a T-Shirt)**

Early Registration on or before March 4th

\$15.00, includes T-Shirt

\$10.00, no shirt option

\$5.00, age 12 and under

Day of Race Registration

\$20.00, includes T-Shirt

\$15.00, no shirt option

\$10.00, age 12 and under



This year we will be collecting used shoes  
at the Pasta Dinner and on Race Day for  
**Soles4Souls.**

For more info on this organization see  
[Soles4souls.org](http://Soles4souls.org)

Make checks payable and mail or hand deliver to the following address with attached waiver to: **TRBC-5K, 3131 Thomasville Road, Tallahassee, FL 32308.** Donations are welcomed and can be mailed or deliver to the same.

**Awards Ceremony & Post Race Festivities:** We invite you to join us for a post race party that will include plenty of fresh food and drinks. Awards for 5K will be given to the top male and female overall finishers, top 3 age group winners, and top 3 - 1 mile finishers (Male/Female) Age Groups 8 years old and younger and 9-12 year olders.

**Pre-Race Pasta Dinner:** Friday, March 4th at 6:00 p.m. in TRBC Fellowship Hall. Free to all runners and their families.

**Race Packet Pickup:** Friday, March 4th in the TRBC Fellowship Hall 5:00-7:00 p.m.

**For more information or to register online go to** [www.thomasvilleroad.org/race](http://www.thomasvilleroad.org/race) or call Grea Bevis 850-508-0874.

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE: \_\_\_\_\_ SEX: \_\_\_\_\_ AGE: \_\_\_\_\_ SHIRT SIZE: YM -S - M - L- XL NO SHIRT \_\_\_\_\_

RACE: 5K \_\_\_\_\_ 1 Mile Fun Run \_\_\_\_\_ Volunteer \_\_\_\_\_

How did you hear about us? TRBC \_\_\_\_\_ Gulfwinds \_\_\_\_\_ Print AD \_\_\_\_\_ Other \_\_\_\_\_ (please specify)

**Waiver:** I know that participating in running activities is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this race including, but not limited to, falls, contact with other participants, the effects of weather (excessive heat and/or humidity), traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of you accepting my application, I for myself and anyone entitled to act on my behalf waive and release the Race Director, Gulf Winds Track Club, Thomasville Road Baptist Church, or any other sponsoring agent, their representatives and successors from all claims and liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the parts of the persons/agents named in this waiver. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

DATE: \_\_\_\_\_

Signature of Entrant (Parent or Legal Guardian if under 18 years old)