



# Tails & Trails

# 10th Annual!

## 5K & 10K RUN and 1 Mile RUN/WALK

**5K is GWTC Grand Prix!**

Walkers & Families Especially Welcome!

**Date!**

April 30th, 2011



**Time!**

8:30 AM, Registration starts at 7:30



**Place!**

Tallahassee Animal Service Center  
1125 Easterwood Drive, next to Tom Brown Park  
**PACKET PICK UP Friday 5:30-7:00 PM.**

**Fees!**

\$13.00 TECH T-shirt if received by April 28  
\$16.00 TECH T-shirt race day  
\$10.00 No T-shirt option



**Parking!**

Please enter Tom Brown Park from Conner Blvd.



**Information!**

For more information visit [www.TallyASF.org](http://www.TallyASF.org)  
or register online at [www.Raceit.com](http://www.Raceit.com)



We request that participants leave their pets at home in order to highlight our Shelter's furry friends. A fundraising event benefiting the Animal Shelter Foundation, Inc., the non-profit supporting the animals in the care of the Animal Service Center at Tom Brown Park

**Mail to:** Tails & Trails, Peg Griffin, 856 N. Forest Drive, Tallahassee, FL 32303. [peggriff@nettally.com](mailto:peggriff@nettally.com)  
**Make checks payable to ASF.**

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Age on 4-30 \_\_\_\_\_ Sex \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_ Telephone: \_\_\_\_\_

Which race? \_\_\_\_\_ 5K \_\_\_\_\_ 10K \_\_\_\_\_ 1 Mile (Race switches by advance notice [peggriff@nettally.com](mailto:peggriff@nettally.com))

Shirt Size (circle one): Youth S Youth M Youth L Small Medium Large XL XXL None

Amount enclosed (circle): \$13.00 \$16.00 \$10.00 I can't make it but I would like to donate \$ \_\_\_\_\_

I would like to join the Animal Shelter Foundation and help save lives (additional \$25).

I hereby release the Gulf Winds Track Club, ASF, Tallahassee Animal Service Center, and any other persons involved, from any and all damages or injuries incurred out of participation in the 2011 ASF 5K, 10k Run and 1 mile Fun Walk, and further state that I have trained for and am physically competent to run 5K, 10k or walk 1 mile.

Contact: Kate MacFall (850-508-1001)



Signature of entrant, or parent or legal guardian if under 18 years old

