



Florida State University

Habitat for Humanity®

March 24th, 2012

Date & Time: March 24th, 2012
Registration begins at 8:00 A.M.
Race begins at 9 AM.

Location: Tully Gym

Entry Fees: RUN H4H 5K:
\$12.00 without shirt
\$15.00 pre-registration w/ shirt
\$20.00 day of race
Pre-registration ends March 15th

Group Rate (over 5 people):
\$10.00 per person (includes shirt)

Awards: Standard age group awards, male and female.

Registration: Make check payable to FSU
Habitat for Humanity

Mail registration to:
Habitat for Humanity at FSU
100 S. Woodward Avenue
P.O. Box 3064161
Tallahassee, FL 32306



SPRING 5K

T-Shirts: T-shirts guaranteed to the first 200 registrants.

Race day registration and packet pick-up will start at 8:00 AM. Registration forms also available at www.fsuhabitat.org.

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Waiver: In consideration of your acceptance of my entry as a participant in the 2012 "RUN H4H 5K." I, the undersigned, for myself, my heirs, executors, administrators and assigns, waive and release all claims for damages, death, personal injury, or loss of property against RRCA, Gulf Winds Track Club, Habitat for Humanity at FSU, and all volunteers and others promoting or assisting in any way the "RUN H4H 5k," which may result from my participation on March 24, 2012 or while traveling to and from these events.. My participation is voluntary and done at my own risk. I understand that running a road race is a potentially hazardous activity and that I should not enter unless I am medically able and properly trained. I attest that I am physically fit and trained for the competition of this event.. I fully understand I am forever giving up in advance any right to sue or make claims against the parties I am releasing if I suffer injuries and damages, and am voluntarily assuming the risk of such injuries and damages. I will assume my own medical and emergency expenses in the event of an accident or other incapacity or injury resulting from my participation. I agree not to wear headsets, run with dogs, baby joggers or strollers during the race. I have read and understand everything written above and I voluntarily sign this agreement. (Parent or Legal Guardian must sign if under 18).

Signature: _____ **Date:** _____
Name: _____ **Age on 3/24/12:** _____
Address: _____ (City, Zip Code): _____
Phone number: _____ **Circle one: Male Female** **E- Mail:** _____
Group Name (if applicable) _____

T-shirt size: (Please circle) S M L XL (Sizes guaranteed only to early registered runners)
For more information, contact Habitat for Humanity at FSU at habitat5k@fsuhabitat.org or Josh Adametz: (561) 951-3197