

# Chiles Capital City Track & Field Classic

## April 2, 2005

- Meet Location: Lawton Chiles High School  
7200 Lawton Chiles Lane  
Tallahassee, Florida 32312
- Packet Pickup: Packets can be picked up at the track on Friday beginning at 5:30 pm or Saturday at 8:00 am. Also, the track will be available for practice on Friday between the hours of 5:30-7:30.
- Website Address: [www.chiles.leon.k12.fl.us/CapCity\\_05/index\\_CCTM\\_05.htm](http://www.chiles.leon.k12.fl.us/CapCity_05/index_CCTM_05.htm)
- Facility: The track is a brand new, state of the art facility. It is an 8-lane track with a synthetic surface, as are the high jump, pole vault, long jump, and triple jump areas. The shot put and discus areas are brushed concrete.
- Sanction: The meet will be sanctioned by Alabama, Florida, and Georgia.
- Rules: **The rules for the FHSAA will be followed in all cases.**  
**No athlete can enter more than five (5) events, three (3) of which may be running.**  
**Individual events- Three (3) athletes per event per school.**  
**Relays- One (1) relay team per school.**
- Entry Deadline: **March 29, by 6:00 pm (entries received through [www.DIRECTATHLETICS.com](http://www.DIRECTATHLETICS.com))**  
**All entries MUST be done online. Attached is information from Direct Athletics that will assist you in entering your athletes.**
- Entry Fee: \$35.00 per team (boys OR girls), \$50.00 per school (boys AND girls). Make checks out to Chiles Track & Field. Send entry fee to:  
Scott Gowan  
Chiles High School  
7200 Lawton Chiles Lane  
Tallahassee, FL. 32312
- Coaches' Hospitality: Complimentary lunch will be provided for coaches as well as officials.
- Awards: Trophies- will be awarded to the top three (3) teams in both boys and girls divisions.  
Plaques- will be awarded to the outstanding field event performer as well as the top track event performer in both divisions.  
Medals- will be awarded to the top three (3) athletes in each event.  
Batons- will be awarded to the top three (3) relay teams in each relay.  
T-Shirts- will be awarded to the top performer in each event.
- Schedule of Events: The meet schedule is on the reverse side.
- Participating Teams: Please contact Coach Gowan if you plan to attend. A list of the participating teams will be updated on the website.
- For Information: Scott Gowan  
Head Track & Field Coach  
Chiles High School  
(850) 488-1756      x-262    School  
(850) 922-0205                   Fax  
(850) 545-4605                   Cell

**6<sup>th</sup> Annual Chiles Capital City Track & Field Classic**  
**Hosted by Lawton Chiles High School - Tallahassee, Florida**  
**April 2, 2005**

**Preliminaries:**

9:00 Open 1600 Meter Run (**Unlimited Runners,  
non-scoring event**)

**\*9:30 Girls Consolation 1600 Meters**

**\*9:45 Boys Consolation 1600 Meters**

10:00 Girls 100M Hurdles

10:15 Boys 110M Hurdles

10:30 Girls 100 Meters

10:45 Boys 100 Meters

11:00 Girls 4x100M Relay

11:15 Boys 4x100M Relay

**\*11:30 Girls Consolation 3200 Meters**

**\*11:45 Boys Consolation 3200 Meters**

12:00 Girls 400 Meters

12:15 Boys 400 Meters

12:30 Girls 300M Hurdles

12:45 Boys 300M Hurdles

1:00 Girls 200 Meters

1:15 Boys 200 Meters

**\*1:30 Girls Consolation 800 Meters**

**\*1:45 Boys Consolation 800 Meters**

2:00 Opening Ceremonies

**Finals**

2:15 Girls 4x800 Relay

2:30 Boys 4x800 Relay

2:45 Girls 100 Meter Hurdles

2:50 Boys 110 Meter Hurdles

3:00 Girls 100 Meters

3:05 Boys 100 Meters

**\*3:10 Girls Championship 1600 Meters (Top 20)**

**\*3:20 Boys Championship 1600 Meters (Top 20)**

3:30 Girls 4x100 Meter Relay

3:35 Boys 4x100 Meter Relay

3:40 Girls 400 Meters

3:45 Boys 400 Meters

**Field Events:**

10:00 Boys Discus

10:00 Boys High Jump

10:00 Boys Long Jump

10:00 Girls Shot Put

10:00 Girls Long Jump

10:00 Girls Pole Vault

12:30 Boys Shot Put

12:30 Boys Triple Jump

12:30 Boy Pole Vault

12:30 Girls Discus

12:30 Girls High Jump

12:30 Girls Triple Jump

3:50 Girls 300 Meter Hurdles

4:00 Boys 300 Meter Hurdles

**\*4:10 Girls Championship 800 Meters (Top 16)**

**\*4:15 Boys Championship 800 Meters (Top 16)**

4:20 Girls 200 Meters

4:25 Boys 200 Meters

**\*4:30 Girls Championship 3200 Meters (Top 20)**

**\*4:45 Boys Championship 3200 Meters (Top 20)**

5:00 Girls 4x400 Meter Relay (Fast Heat Runs Last)

5:15 Boys 4x400 Meter Relay (Fast Heat Runs Last)

5:45 Awards Ceremony

**\*Consolation races will be held in the 800, 1600, and 3200 for all athletes who do not qualify for the Championship race. The top 16 seeds in the 800 and the top 20 seeds in the 1600 and 3200 will compete in the championship race. Coaches make sure you look at the meet schedule and inform your athletes which race they will be in. Athletes CAN SCORE points from the Consolation Race. Also, an Open 1600 Meters will be held at 9:00 am.**