

2018 Summer Track Series

Presented by

Gulf Winds Track Club

and

Tallahassee Parks and Recreation

Maclay School Track
3737 N. Meridian Road
6:45 p.m.

Thursdays - June 7, 14, 21 & 28 and July 5, 12, 19 & 26
FREE 8-Week Program Open to the Public
for Runners of all Ages and Abilities

Weeks 1, 3, 5 & 7

June 7 & 21, & July 5 & 19

40-Yard Dash (ages 5 and under)
100-Meter Dash
400-Meter Dash
1,600-Meter Run (Metric Mile)
5,000-Meter Run
4 X 100-Meter Relay*

Weeks 2, 4 & 6

June 14 & 28, & July 12

40-Yard Dash (ages 5 and under)
100-Meter Dash
200-Meter Dash
800-Meter Run
3,200-Meter Run (Metric 2 Mile)
4 X 200-Meter Relay*

Week 8, July 26 – Events determined by Track Series Organizers; Annual Ice Cream Social; and Gulf Winds Track Club Summer Grand Prix Awards

Decisions involving inclement weather will be made at the starting time of the track meet.

*Subject to minimum participation and/or time permitting.

For more information, visit www.gulfwinds.org or www.talgov.com; or contact Tallahassee Parks and Recreation at 891-3866, or Jeanne O’Kon/Tom Perkins at 894-2019