

SDA 2009 5K Pre-Registration Form
Saturday, March 21, 2009
Location: Statue @ Woodward Ave.
Race Begins at 10A; Late Registration at 9A
Pre-Registration form due: February 27th, 2009

Please, print the form and fill out the information below. Forms may be mailed with check enclosed to 416 Sandels Building, Attn: Jennifer Lemacks, Tallahassee, FL 32306
Questions? Email sda5k2009@gmail.com

Name: _____

Email Address: _____

Size T-Shirt (check one): ___S ___M___L___XL

Enclosed Amount (check one): ___\$15 includes t-shirt **OR** ___\$5 event entry fee (no shirt)

VOLUNTARY CONSENT RELEASE AND WAIVER OF LIABILITY

This is in consideration of my participation in the **National Nutrition Month 5K Walk/Run** sponsored by the **Student Dietetic Association** on **Saturday, March 21, 2009**. I understand that there may be risks involved with my participation in this event. I knowingly accept all risks and agree to relieve Florida State University, and its Board of Trustees including their employees, agents, representatives, assigns, and successors of any responsibility, liability, or cost for any accident or injury of any nature to me arising from my participation, including assuming any costs as a result of such accident or injury in connection with the activities associated with my participation.

I waive any and all claims I may have in the future, including claims of negligence and gross negligence as a result of my participation and give up and forever release my right to file any lawsuit against FSU, and its Board of Trustees involving any accident or injury to me resulting from my participation in any activity associated with the National Nutrition Month 5K.

I further understand that FSU does not provide any insurance coverage for such program and I authorize medial treatment for myself, **at my expense**, if the need arises. I am relying wholly upon my own judgment and knowledge of the circumstances involved in my participation in the National Nutrition Month 5K. I have had an opportunity to read the above consent and waiver release, and I fully understand it and execute it of my own free will and choice.

Print Name

Signature

Date