

**Beat the Heat and Run for the Hills Duathlon
August 14, 2005**

Results

(*Bike split includes both transitions)

Overall Male		Finish	Run 1	Bike*	Run 2	Pen.
Kiko Cintron	33	1:29:43	24:06	52:17	13:20	
Prichard Keely	23	1:33:21	24:45	55:24	13:12	
John Lowery	36	1:34:44	27:35	51:38	15:31	
Overall Female						
Allison Eagen	26	1:48:26	28:24	1:03:56	16:06	
Loranne Ausley	41	1:49:24	30:50	1:02:06	16:28	
Judie Kean	60	1:59:41	34:18	1:05:27	19:56	
13-14 Male						
Stuart Graham	13	1:56:57	32:28	1:07:02	17:27	
13-14 Female						

15-19 Male						
Elliot Hawkes	18	1:41:43	27:31	1:00:25	13:47	
Peter Sawyer	18	2:00:11	34:12	1:06:14	19:45	
15-19 Female						

20-24 Male						
Christian Bax	21	2:12:35	37:27	1:16:59	18:09	
Nick Crossman	23	2:15:34	38:18	1:12:31	24:45	
20-24 Female						

25-29 Male						
James Doran	29	1:53:53	31:44	1:03:03	19:06	2:00
Aaron Franz	29	2:06:36	30:40	1:11:52	24:04	
Kevin Miller	29	2:09:03	33:49	1:14:37	20:27	
Jason Mott	26	2:12:07	38:32	1:12:43	20:52	

25-29 Female

Jennifer Williamson	27	2:05:44	36:49	1:06:23	22:32
Amy Starkey	29	2:30:01	41:06	1:26:36	22:39

30-34 Male

David Knoll	30	1:39:55	28:52	54:39	16:24
Blake Little	32	1:50:02	29:46	1:03:39	16:37
Joel Springer	34	1:51:25	30:48	1:02:23	18:14
Joab Noda	32	1:53:20	30:45	1:01:56	20:39
Jobst Elster	33	1:56:57	32:32	1:06:23	18:02
Grady Jordan	34	2:07:59	37:43	1:06:19	23:35
Sean Wyman	33	2:09:03	33:48	1:14:37	20:28

30-34 Female

Cassie Browning	32	2:50:07	44:19	1:35:05	30:43
-----------------	----	---------	-------	---------	-------

35-39 Male

Brecht Heuchan	35	1:37:25	29:29	51:59	15:57
Kevin Graham	39	1:40:44	28:31	55:17	16:56
Christopher Cox	36	1:55:43	32:33	1:05:40	17:30
David Freni	35	1:56:00	30:56	1:08:15	16:49
Bryan Brown	35	1:59:34	31:55	1:07:30	20:09
Tom Cornish	39	2:00:12	36:02	1:04:20	19:50
Chuck Yarbrough	39	2:02:09	36:59	1:02:19	22:51
Bert Wilkerson	38	2:32:25	39:31	1:26:34	26:20

35-39 Female

Kathy Middleton	36	2:02:39	31:29	1:13:39	17:31
Joy Key	35	2:26:19	39:26	1:22:01	24:52

40-44 Male

Chuck Davis	44	1:42:50	27:56	57:49	17:05
Ed Barranco	46	2:07:07	36:19	1:10:35	20:13
Scott Lindsay	44	2:20:09	36:00	1:22:22	21:49

40-44 Female

Leslie Morton	42	2:26:18	39:26	1:22:02	24:50
Robin Safely	41	2:27:12	38:41	1:26:49	21:42

45-49 Male

Tim Unger	45	1:43:49	25:25	1:02:10	16:14
John Kelly	47	1:47:27	28:12	1:03:00	16:14
Dana Stetson	48	1:54:08	29:25	1:04:32	20:11
David Smith	48	2:13:19	36:26	1:14:32	22:21

45-49 Female

Bonnie Wright	49	2:10:42	35:59	1:14:46	19:57
Kathy Lindsay	46	2:14:12	33:22	1:23:56	17:56
Karen Munoz	45	2:20:35	42:58	1:13:17	24:20
Beth Patrick	46	2:23:28	38:08	1:22:07	23:13
Vivian Booth	47	2:36:01	42:40	1:27:27	25:54

50-54 Male

Scott Hardin	54	1:55:19	34:34	1:02:13	46:32
John Morrill	53	2:28:02	38:05	1:30:25	19:33

50-54 Female

Debbie Huey	51	2:27:13	38:42	1:26:48	21:43
-------------	----	---------	-------	---------	-------

55-59 Male

Rob Cunningham	56	1:57:09	34:52	1:04:05	18:12
Terry Ryan	56	2:05:27	34:16	1:11:54	19:17
Ron Morrell	56	2:18:16	40:59	1:14:37	22:40
Rodney Reeves	58	2:50:07	41:18	1:40:29	28:40

55-59 Female

B.J. Foster	58	2:39:51	45:36	1:24:00	30:15
-------------	----	---------	-------	---------	-------

65-99 Male

Charles Law	67	2:13:25	38:48	1:10:33	24:09
-------------	----	---------	-------	---------	-------

65-99 Female

Clydesdale

Sean Phelps	42	1:41:25	28:16	57:12	15:57
-------------	----	---------	-------	-------	-------

Joshua Barrow	29	1:48:50	27:30	1:05:22	15:58
Jim Lane	48	2:04:07	36:50	1:06:24	20:53
Robert Palmer	43	2:04:29	36:10	1:06:39	21:40
Demond Mott	32	2:09:09	38:27	1:07:54	23:08
Troy Smith	35	2:17:50	42:00	1:11:33	24:17
Stan Browning	34	2:33:17	40:16	1:26:01	27:00

Athena

Betsy Thorpe	49	2:30:16	47:15	1:14:04	28:57
Cassandra Dolgin	43	2:38:17	49:25	1:20:48	28:04

Male Relay

A Gator & A Nole		1:30:25	25:43	50:51	13:53
------------------	--	---------	-------	-------	-------

Female Relay

Du 2 Win		2:00:26	36:10	1:04:35	19:41
----------	--	---------	-------	---------	-------

Mixed Relay

Team Mojo		1:43:27	32:50	53:33	17:04
Ed & Jen Williams		1:49:00	36:19	55:11	17:30
Team Bran		2:07:19	37:08	1:09:59	20:12