



The Race Courses

by David Yon

THE 2008 TURKEY TROT is stepping it up with electronic chip timing and a new course design. As the race has grown, the streets have become more crowded and sometimes more confused. The disposable chips will help us improve on providing all runners with an accurate time, and it will allow us to give runners who do the 10K and 15K splits at the 5K and 10K marks. To make that happen we will bring runners who are doing the longer races back through Bald Cypress on their first and second loops instead of on Esplanade Way. So runners – remember to pick up your chip and wear it on your shoe on race day. (All races still finish on Esplanade.)

The best way to picture the course is to think of it as three loops – 5K runners simply complete the 5K loop and they are done.

The 10K and 15K runners will do most of the same 5K loop, but when they return to the State Office Complex on Merchants Row instead of going all the way to Esplanade and the finish, they will turn left onto Bald Cypress. About three quarters of the way down Bald Cypress there will be timing mats and a 5K split. Both groups (10K and 15K runners) continue on the second or 10K loop. Once again they will head toward the finish area on Merchants Row. 10K runners keep going to Esplanade Way,

TALLAHASSEE TURKEY TROT 2008

Thanksgiving morning, Nov. 27

State Office Complex, near SouthWood

8:00 a.m. for 1 Mile Turkey Gobbler

8:30 a.m. for 5K, 10K & 15K

where they turn left and finish.

The 15K runners turn left on Bald Cypress again. Once again they will cross the timing mats (this time at 10K). The 15K runners keep going and run the third 15K loop. This time when they get back to Merchants Row, they keep going to Esplanade through the finish and on to Turkey Day lunch! •