REGISTRATION – 2009 TALLAHASSEE TURKEY TROT
Make checks payable to GWTC

5K, 10K, 15K	**W/shirt**	**No shirt**
-Received by November 22	$12	$8
Family Discount (by Nov. 22):		
• First 2 immediate family members	$12 each	$8 each
• Each additional family member	$8	$5
-Received November 23-25	$15	$12
Family Discount (Nov. 23-25):		
• First 2 immediate family members	$15 each	$12 each
• Each additional family member	$10	$8
-Race Day – No Discounts	$20	$15

1-MILE TURKEY GOBBLER	**W/shirt**	**No shirt**
Received by November 22	$12	$5
Received after November 22	$15	$10

Turkey Trot Heroes: For a donation of $25.00, you can become a Turkey Trot Hero. For each $25 donation, you will receive a gold star to display on your race bib that designates you a Turkey Trot Hero! Please allocate your donation below:

_____The Shelter _____The Refuge House _____Split between The Shelter and The Refuge House

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By mail: Complete form & mail with ***check payable to GWTC*** to: David Yon
301 S. Bronough St. #200
Tallahassee, FL 32301

In Person: November 22, 2009, Music Fest @ Chez Pierre, 2:00 – 5:00 -1215 Thomasville Rd
& Packet Pickup: November 23-24 (until 8:00 p.m.) and November 25 (until 6:00 p.m.), (TBA)
Race Day: Esplanade Way, Capital Office Complex, 6:45 – 7:30 a.m.

EARLY REGISTRATION AND PACKET PICKUP IS STRONGLY ENCOURAGED TO HELP AVOID DELAYS ON RACE DAY & BE SURE YOU GET YOUR SHIRT

2009 TURKEY TROT – Please complete one form per person

Name_____ Date of Birth _____ Circle one: M F

Address_____ City_____ State_____ Zip _____

Phone Number _____ E-mail address _____ Age _____

Race (circle one): 1M 5K 10K 15K

Shirt Size (circle one): Youth S | Youth M | Youth L | Small | Medium | Large | XL | None

If you are entering the team competition, list the name of your team: _____

If you are competing on a school team for a Kent Vann *Partners in Excellence Award* please include:
Name of School _____ Circle one: Grade Elementary Middle

WAIVER: In consideration of your acceptance of my entry as a participant in the 2009 Tallahassee Turkey Trot, I, the undersigned, for myself, my heirs, executors, administrators and assigns, waive and release any and all claims for damages, for death, personal injury or loss of property against Gulf Winds Track Club, its officers and directors, members or representatives and all volunteers and others promoting or assisting in any way the promotion or organization of The Turkey Trot races, which may arise from my participation in the these races on November 26, 2009 or while traveling to or from the event, even if caused in part by the negligence or negligent actions or other fault of the parties or persons I am hereby releasing by the dangerous or defective condition of any property or equipment owned, maintained or controlled by them and/or because of the liability without fault. My participation is voluntary and done at my own risk. I understand that running a road race is a potentially hazardous activity and that I should not enter unless I am medically able and properly trained. I attest that I am physically fit and sufficiently trained for the competition of this event. I fully understand I am forever giving up in advance any right to sue or make claims against the parties I am releasing if I suffer injuries and damages even though I do not know to what extent those injuries and damages might be and am voluntarily assuming the risk of such injuries and damages. I will assume my own medical and emergency expenses in the event of an accident or other incapacity or injury resulting from or occurring in my participation. I agree not to wear headsets, run with dogs, baby joggers or strollers during the race. I have read and understand everything written above and I voluntarily sign this agreement.

Signature _____ Date:_____