2004 High School Cross-Country Region 1 Preview

Top fifteen individuals and top six teams in each meet advance to State Finals at Ed Radice Park, Tampa, November 6th.

<u>1A: Saturday, October 30, 2:00pm, Summit East Industrial Park</u> GIRLS

Top individual seed - Emily Ingham, Jacksonville Episcopal

Top six team seeds – Jax Episcopal, Maclay, Oak Hall, Aucilla Christian, PK Yonge, South Walton (also: North Florida Christian)

Local notes - Jacksonville Episcopal, the FACA #2 ranked squad in 1A, is highly favored to win. Maclay may force them to sweat, thanks to recent big jumps by Alicia Fenley and Lindsey Sanders...NFC's Kara Taylor hopes to use her home course advantage to squeak out individually; she's currently seeded 19th in the region.

BOYS

Top individual seed - Justin Taylor, St. Joseph Academy

Top six team seeds – Jax Episcopal, Providence, PK Yonge, St. John's Country Day, South Walton, Oak Hall (Also: Maclay, North Florida Christian, Wewahitchka)

Local notes - Maclay is the only Big Bend team with a reasonable shot to advance; they'll need to out-sprint South Walton and Oak Hall runners over the last mile for sixth place...NFC's Whitney Strickland and Wewahitchka's Christopher Murphy could qualify individually with personal best races.

<u>2A: Saturday, October 30, 9:00am, Miccosukee Greenway</u> GIRLS

Top individual seed - Anna Greskovitch, Pensacola Catholic

Top six team seeds – Bolles, Bishop Kenny, Stanton, Nease, Gulf Breeze, Pensacola Catholic (also: Rickards, Godby)

Local notes - Rickards' Laura Hempel has a very real chance to qualify individually, and she may lead her team to an upset qualifying spot...Christie Forsyth (Godby) and Christie Woodrow (Marianna) will need personal bests to advance individually.

BOYS

Top individual seed - William Mullaney, Bishop Kenney

Top six team seeds - Bishop Kenney, Bolles, Stanton, Pensacola Catholic, Fleming Island, Godby

Local notes - Joseph Franklin leads Godby in a dogfight with Navarre for a likely sixth-place finish; if they can defend their two-point advantage from District, the Cougars go to Tampa next week.

<u>3A: Saturday, October 30, 4:00pm, Miccosukee Greenway</u> GIRLS

Top individual seed - Kelly Parrish, Vanguard

Top six team seeds - Chiles, Vanguard, Bartram Trail, Choctawhatchee, Fort Walton Beach, Gainesville High

Local notes - This will be the closest title race of the six events on Saturday. Chiles and Vanguard are proven 3A powers, and head & shoulders above the rest of the field; Timberwolf Julia Bryant currently leads the Big Bend honor roll with her breakout 19:35 win at District...Leon's Meaghan Scott is on the bubble, with a chance to advance individually. BOYS

Top individual seed - Michael Rodriguez, Vanguard

Top six team seeds - Pensacola Washington, Chiles, Wolfson, Vanguard, Choctawhatchee, Bartram Trail

Local notes - Washington is a lock to win, with a deep pack of frontrunners, but Chiles will have no problem qualifying and should easily get second or third...Big Bend honor roll leader Jonathan Blocker (Chiles) will need to dip under 16 minutes to take down 15:48 runner Rodriguez.