

*******ATTENTION CROSS-COUNTRY COACHES*******
CITY CROSS-COUNTRY CHAMPIONSHIPS INFO...

DATE: Saturday, October 2, 2004
SITE: Maclay School Campus
TIME: Coaches' Meeting 8:00am
Girls' Varsity (top 7) 9:00am
Boys' Varsity (top 7) 9:40am
Co-ed Open 5K 10:20am
(Co-ed MS 3K starts with Open)
Awards 11:00am

COURSE DESCRIPTION:

2.5 loops, starting by the high school just southeast of the new gym (south of the track). Each loop is 1.2 miles of gravel road, grass, and some dirt trail. Last 300 meters is clockwise on the track, finishing in the southwest corner.

ENTRY FEE:

\$30 to Maclay Track Boosters covers everybody from your school, or \$5 per individual if less than 7 runners total.

AWARDS:

High School and Middle School Team Champions and top ten individuals.

Director: Gary Droze 942-7333 gdroze@maclay.org