The Gulf Winds Track Club Board of Directors includes four officers and seven directors-at-large elected yearly by members, four appointed officials and an immediate past president. The Board meets on the 2nd Wednesday of the month.

**President**  
Paul Guyas  273-9555  pguyas@me.com

**Vice President**  
Jim Halley  239 322-2908  gulfwindstrails@gmail.com

**Secretary**  
Alyssa Terry  alyssaterry21@gmail.com

**Treasurer**  
Laryn Flikkema  treasurer@gulfwinds.org

**Immediate Past President**  
Zack Scharlepp  264-0810  zscharps@yahoo.com

**Directors-at-Large**  
Tsige Tadesse  263-7368  tsigetadesse@gmail.com
Kristin Halley  499-6461  knhalley81@gmail.com
Chika Okoro  202 276-4101  clokoro@live.com
Tom Perkins  894-2019  tomperkins51@yahoo.com
Judy Alexander  321-6886  jalexandeer98@comcast.net
Herb Wills  264-3975  hwills@gmail.com
David Yon  425-6671  david@radeylaw.com

**Membership Director**  
Mark Priddy  markpriddy@msn.com

**Newsletter Editor**  
Fred Deckert  893-9739  freddeckx@comcast.net

**Education and Lecture Coordinator**  
Chris Stanley  ctsstanley800@gmail.com

**Race Director Coordinator**  
Mary Jean Yon  668-2236  maryjeanyon@comcast.net

**Gulf Winds Triathletes**  
Wayne Thumm  251-3300  wtcapcity@aol.com

**School Grant Coordinator**  
Paula O’Neill  moneill51@comcast.net

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**Club Operation**

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**Gulf Winds Track Club Races**

- **Swamp Forest Trail 50K/Marathon/Half/6.5M**  Jan.
- **Bowlegs 5K**  January
- **GWTC 30K/15K**  January
- **Tallahassee Marathon/Half Marathon**  February
- **Flash 12K/6K**  February
- **Springtime 10K/5K/1M**  March/April
- **Palace Saloon 5K**  April
- **Potluck Bash 4 Mile**  June
- **Summer Track Program**  June & July
- **Summer Trail Series**  May, June, July, Aug
- **Breakfast on the Track 1 Mile August**
- **Miller Landing Madness 8K/5K/3K**  (cross country)  August
- **Sickle Cell 5K/1M**  September
- **Women’s Distance Festival 5K/1 Mile - Sept.**
- **Prefontaine 5K**  (cross country)  September
- **Pine Run 20K**  (cross country)  October
- **Turkey Trot 1M/15K/10K/5K**  Thanksgiving Day
- **Tallahassee 10 Mile /5 Mile Challenge**  December
- **Tallahassee Ultra 50K/50Mile/Marathon**  Dec.
- **Tannenbaum Trail 6K**  (cross country)  December

**Social Coordinators**

- Vicky Droze  339-7766  vickydroze@comcast.net
- Joseph Petty  325-0575  joseph.petty23@gmail.com

**Weekly Events and Running Groups**

- Tom Biance,  tbiance@comcast.net  (Training Groups)
- Bill Lott,  blott@nettally.com  (FSU/Maclay Intervals)
- Chika Okoro,  clokoro@live.com  (Beginning Runners)

**GWTC Clothing Coordinators**

- Laura McDermott, Sherri Wise  gwtcmerchandise@gmail.com

**Racing Teams Coordinator**

- Tim Unger,  runner1612@gmail.com

**Trail Training and Racing**

- Jim Halley,  gulfwindstrails@gmail.com

**Equipment/Rental**

- Tec Thomas,  tathomas0851@yahoo.com

**USATF Liaison**  Jay Silvanima  jsilvanima@aol.com

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**GWTC Membership**

- [runsignup.com/Club/FL/Tallahassee/GulfWindsTrackClub](runsignup.com/Club/FL/Tallahassee/GulfWindsTrackClub)

**Membership Dues for 12 Months:**

- **Individual**  $20
- **Individual and Tri Club**  $35
- **Family**  $25
- **Family and Tri Club**  $50

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**Gulf Winds Track Club Race Directors**

- **Swamp Forest**  Bobby York
- **Bowlegs**  Bill Hillison, Larry Giuipero
- **30K/15K**  Jillian Heddaeus, Zach DeVeau
- **Marathon**  GWTC Committee
- **Flash**  Keith Rowe
- **Springtime**  Zack & Rachael Scharlepp
- **Palace Saloon**  Mark Priddy
- **Potluck Bash**  Chenoweth Committee
- **Summer Track**  Tom Perkins
- **Summer Trails**  Kristin & Jim Halley
- **Breakfast / Track**  Felton, & Bonnie Wright
- **Miller Landing**  Tom Perkins, Jeanne O’Kon
- **Bill Lott**
- **Sickle Cell**  Paul Guyas & Jeff Rollins
- **Woman’s Dist.**  Lisa Unger
- **Prefontaine**  Doug Bell
- **Pine Run**  Peg & Gary Griffin
- **Turkey Trot**  David & Mary Jean Yon
- **10/5 Mile**  Vicky Verano & Ana Sutherland
- **Ultra**  Robin Bennett
- **Tannenbaum**  Herb Wills
Gulf Winds Overview

In the beginning, The Club emerged from Tallahassee runners, led by Jeff Galloway, 1972 Olympic 10,000 meter runner. During the early months of 1974, a group including Dick Roberts, Mike Long and Dr. Herb Wills met and discussed the idea of a “grass roots community organization to conduct local running events”. In early 1975 the name “Gulf Winds Track Club” became official and Galloway was chosen Club president. By 1977 the Club was incorporated as a nonprofit organization and joined the Road Runners Club of America, the national organization of running clubs.

Today’s Club includes joggers, runners, race walkers and triathletes of all levels of ability and training, whether they participate for competition, fitness or personal and social enjoyment. Our newsletters, social meetings and lecture series inform members of local and regional events and foster the exchange of information about training. Among our most valued members are those who promote fitness through service to the Club, primarily on a volunteer basis.

Club Benefits:
♦ Race Discounts on GWTC Club Races
♦ Annual Awards Program
♦ Guidance for local groups holding races
♦ Race calendar coordination of area runs
♦ Race equipment rental
♦ Course measurement and certification
♦ FSU, Maclay School, and Leon Track Intervals
♦ Beginning Running Group
♦ Springtime Running Group
♦ Trailblazers Training Group
♦ Turkey Trot Training Group
♦ Distance Running Groups
♦ School Running Grant Program
♦ Chenoweth Endowment Fund
♦ Lecture series
♦ Family-friendly social events
♦ “The Fleet Foot” monthly newsletter
♦ Website with running-related information, race results, calendar, and articles of interest
♦ Electronic mail listserv
♦ Full race schedule of varied terrain and distances
♦ Support of Tallahassee’s summer track program
♦ Discounts at participating area merchants