

TATE'S HELL AND BACK 5K RUN/WALK

Sept 26, 2020

Date & Time: Sept 26, 2020. Race starts at 8:00 am. Race Day registration and shirt/number pickup begins at 6:45 am.

Course: Start at Carrabelle Christian Center at 142 River Road, just off 98 in Carrabelle. Run or Walk on River and Mill Road to Tate's Hell State Forest and Back!

Registration: Mailed before Sept 1st – Adults \$20 and Youth \$12 (under 18). Mailed after 1st or Race Day (shirt not guaranteed) – Adults \$25 and Youth \$15

Awards: Overall Male and Female winners. Age class awards for males and females.

Early registrations can be mailed to BeLinda Wharton, c/o Franklin Co Senior Center, PO Box 814, Carrabelle, FL 32322. Make check payable to: Tate's Hell and Back 5k Benefit Fund. Proceeds benefit the Senior Center.

Print Name _____ **Age on 9/26/2020** _____

Address _____ **City** _____ **State** _____

Email _____ (Circle) **Male** **Female**

Emergency contact + phone number _____

Circle Shirt Size: XS S M L XL **Prefer** Male or Female cut shirt

I know that running a road race is potentially hazardous. I am medically able to participate and assume any and all risks associated with this event. I agree to abide by all decisions of the race officials regarding my ability to participate. I hereby release all officials and volunteers of Tate's Hell and Back 5k of any claims or liability for any injury associated with the race. This release and waiver extends to all claims of every kind and nature whatsoever.

Signature _____ **Date:** _____

