

Club Operation

The Gulf Winds Track Club Board of Directors meets on the second Wednesday of each month. The Board consists of the following members. *indicates a voting member.

President*

Mark Priddy markpriddy@msn.com

Vice President*

Heather Vickers hvritchie@gmail.com

Secretary*

Brittney Barnes jnrun2gether@gmail.com

Treasurer*

Peg Griffin treasurer@gulfwinds.org

Immediate Past President *

Paul Guyas pguyas@me.com

Directors-at-Large*

Charlie Johnson charlieajohnson@gmail.com

Gary Johnston gidsjejj@gmail.com

Jerry McDaniel jerrymcdaniel@hotmail.com

Tom Perkins tomperkins51@yahoo.com

Judy Alexander jalexander98@comcast.net

Herb Wills hwills@gmail.com

David Yon david@radevylaw.com

Membership Director *

Tristan LaNasa tristanlanasa@gmail.com

Newsletter Editor*

Robert & Kory Skrob fleetfoot@gulfwinds.org

Lecture Coordinator*

Race Director Coordinator*

Mary Jean Yon maryjeanyon@comcast.net

Gulf Winds Triathletes*

Tina Bahmer tinabahmer@icloud.com

Social Coordinator*

Vicky Droze vickydroze@comcast.net

Gulf Winds Track Club Races

- ◆ **Swamp Forest Trail 50K/Marathon/Half/6.5M** January
- ◆ **Bowlegs 5K** January
- ◆ **GWTC 30K/15K** January
- ◆ **Tallahassee Marathon/Half Marathon** February
- ◆ **Flash 12K/ 6K** February
- ◆ **Springtime 10K/5K/1M** March/April
- ◆ **Palace Saloon 5K** April
- ◆ **Potluck Bash 4 Mile** June
- ◆ **Summer Track Program** June & July
- ◆ **Summer Trail Series** June, July, Aug
- ◆ **Breakfast on the Track 1 Mile** August
- ◆ **Miller Landing Madness 8K/5K/3K** (cross country) August
- ◆ **Sickle Cell 5K/1M** September
- ◆ **Women's Distance Festival 5K/1 Mile** - Sept.
- ◆ **Prefontaine 5K** (cross country) September
- ◆ **Pine Run 20K** (cross country) October
- ◆ **Rex Cleveland Magic Mile**—November
- ◆ **Turkey Trot 1M/15K/10K/5K** Thanksgiving Day
- ◆ **Tallahassee 10 Mile /5 Mile Challenge** December
- ◆ **Tallahassee Ultra 50K/50Mile/Marathon** Dec.
- ◆ **Tannenbaum Trail 6K** (cross country) December

School Grant Coordinator

Jennifer & Carter Hay jennghayfl@gmail.com

Weekly Events and Running Groups

Tristan LaNasa tristanlanasa@gmail.com

GWTC Clothing Coordinators

Laura McDermott, Sherri Wise
gwtcmerchandise@gmail.com

Racing Teams Coordinator

Tim Unger runner1612@gmail.com

Trail Training and Racing

Bobby York byorkjr@msn.com

Equipment/Rental

Tec Thomas tathomas0851@yahoo.com

USATF Liaison

Jay Silvanima jsilvanima@aol.com

GWTC Membership runsignup.com/Club/FL/Tallahassee/ GulfWindsTrackClub

Membership Dues for 12 Months:

Individual	\$20
Individual and Tri Club	\$35
Family	\$25
Family and Tri Club	\$50

www.gulfwinds.org

Gulf Winds Track Club Race Directors

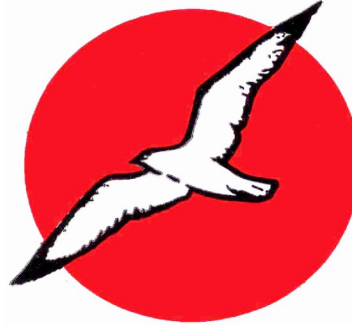
Swamp Forest (Distances Vary)	Bobby York
Bowlegs 5K	Bill Hillison, Larry Giuipero
30K/15K	Jillian Heddaeus, Zach DeVeau
Tallahassee Marathon/ Half Marathon	Sheryl Rosen
Flash 12K/6K	Keith Rowe
Springtime 10K/5K/1M	Zack & Rachael Scharlepp
Palace Saloon 5K	Mark Priddy
Potluck Bash 4M	Chenoweth Committee
Summer Track	Tom Perkins
Summer Trails (Distances Vary)	BobbyYork
Breakfast on theTrack Mile	Felton, & Bonnie Wright
Miller Landing	Tom Perkins, Jeanne O'Kon, Bill Lott
Sickle Cell 5K	Paul Guyas & Jeff Rollins
Woman's Distance Festival 5K	Lisa Unger
Prefontaine 5K	Mike Baker
Pine Run 20K	Carter & Jennifer Hay
Rex Cleveland Magic Mile	Myma Hoover & Toma Wilkerson
Turkey Trot 1M/15K/10K/5K	David & Mary Jean Yon
10/5 Mile Challenge	MarkTombrink
Ultra 50M/50K/Marathon	Tom Bianca
Tannenbaum 6K	Herb Wills

www.gulfwinds.org/gwtc-races/



Gulf Winds Track Club
 Post Office Box 3447
 Tallahassee, Florida 32315

Gulf Winds Track Club Membership Application



P.O. Box 3447
 Tallahassee, FL 32315

www.gulfwinds.org

GWTC is a 501c3 Non-Profit Organization

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Gulf Winds Overview

In the beginning .. The Club emerged from Tallahassee runners, led by Jeff Galloway, 1972 Olympic 10,000 meter runner. During the early months of 1974, a group including Dick Roberts, Mike Long and Dr. Herb Wills met and discussed the idea of a “grass roots community organization to conduct local running events”. In early 1975 the name “Gulf Winds Track Club” became official and Galloway was chosen Club president. By 1977 the Club was incorporated as a nonprofit organization and joined the Road Runners Club of America, the national organization of running clubs.

Today's Club includes joggers, runners, race walkers and triathletes of all levels of ability and training, whether they participate for competition, fitness or personal and social enjoyment. Our newsletters, social meetings and lecture series inform members of local and regional events and foster the exchange of information about training. Among our most valued members are those who promote fitness through service to the Club, primarily on a volunteer basis.

Club Benefits:

- ◆ Race Discounts on GWTC Club Races
- ◆ Annual Awards Program
- ◆ Guidance for local groups holding races
- ◆ Race calendar coordination of area runs
- ◆ Race equipment rental
- ◆ Course measurement and certification
- ◆ FSU, Maclay School, and Leon Track Intervals
- ◆ Beginning Running Group
- ◆ Springtime Running Group
- ◆ Trailblazers Training Group
- ◆ Turkey Trot Training Group
- ◆ Distance Running Groups
- ◆ School Running Grant Program
- ◆ Chenoweth Endowment Fund
- ◆ Lecture series
- ◆ Family-friendly social events
- ◆ “The Fleet Foot” monthly newsletter
- ◆ Website with running-related information, race results, calendar, and articles of interest
- ◆ Electronic mail listserv
- ◆ Full race schedule of varied terrain and distances
- ◆ Support of Tallahassee’s summer track program
- ◆ Discounts at participating area merchants