

Ann Centner was born in Watkinsville, GA and begun running in 8th grade at Oconee County Middle School. She continued cross country and track when she moved up to Oconee County High School, graduating in 2010. She then furthered her education and athletic career, majoring in Consumer Foods and running cross Country and track at the University of Georgia (UGA) in Athens. Upon graduation in 2015, she relocated to Southwest GA, where she worked for the UGA Cooperative Extension Service as a Family & Consumer Science Educator.

She obtained her Master's degree from UGA in Food Science & Technology in 2018, then went on to pursue her PhD in 2019. To pursue her PhD she moved to Tallahassee, FL and attended Florida State University (FSU). She obtained her PhD in Nutrition Science in 2022. During her time in Southwest GA and at FSU she was a member of GWTC and participated in local races. She also traveled across the US to participate in competitive races.

In 2021, she hired James McKirdy, of McKirdy Trained (a running coaching service). Currently, she is chasing the goal of qualifying for the 2024 Olympic Marathon Trials race which will be held in Orlando, FL. In order to qualify, she must run a time under 2:37 in the marathon. Upon graduation, she has been working at the FSU College of Medicine as a postdoctoral fellow, in which she assists in cardiac research.

Personal Records:

Marathon, 2:38:30 – 2022 / Overall Female / Napa Valley Marathon, Napa, CA
25k, 1:34:43 – 2022 / 12th Place / USATF 25k Championships, Grand Rapids, MI
Half Marathon, 1:13:45 – 2022 / Top 25 / Chevron Houston Half Marathon, Houston, TX
15K, 53:07 – 2021 / Top 25 / USATF 15k Championships/GRR, Jacksonville FL
10K, 34:23, 2021 / Overall Female / Mandarin 10k, Jacksonville FL
5K, 16:26, 2021 / Overall Female / Turkey Trot, Tallahassee, FL
Mile, 4:52, 2020 / Overall Female / Maclay Track Time Trial, Tallahassee, FL

Other Standout Performances:

14th Place at 2022 USATF 10k Road Championships
Top 25 at 2021 USATF Half Marathon Championships
Top 30 at 2021 Chicago Marathon
Top 25 at 2020 USATF 15k Road Championships

High School and College Best Times:

(best times within seconds of each other)

5k, 18:07

1600m/Mile, 5:07

800m, 2:17